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Article

# Cooling and heating innovations: exploring the diverse applications of heat pumps

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Abstract. Heat pumps are versatile and energy-efficient devices that play a crucial role in modern heating, cooling, and refrigeration applications. This work provides a concise overview of the diverse applications and benefits of heat pumps across residential, commercial, industrial, and transportation sectors. The paper discusses the principles of heat pump operation, emphasizing their capability to transfer heat from one location to another using thermodynamic processes. This work highlights key applications such as residential heating, ventilation, and air conditioning systems, commercial refrigeration, hot water heating, process cooling, and renewable energy integration. The energy efficiency and environmental benefits of heat pumps are also emphasized, showcasing their potential to reduce carbon emissions and contribute to sustainable energy practices. By understanding the broad scope of heat pump applications outlined in this paper, researchers, engineers, policymakers, and industry stakeholders can gain insights into the significance of heat pump technology in advancing energy efficiency and addressing climate change challenges.

Keywords: heating, ventilation, air conditioning, temperature control, humidity regulation, energy efficiency.

## **1. Introduction**

Heat pumps have emerged as essential and versatile technologies in modern heating, cooling, and refrigeration applications across residential, commercial, industrial, and transportation sectors [1]. These devices utilize thermodynamic principles to transfer heat from one location to another, providing efficient and environmentally friendly solutions for space conditioning and temperature control [2].

In recent years, the adoption of heat pumps has increased significantly due to their energy efficiency, reduced environmental impact, and versatility in diverse applications [3–6]. This article explores the wide-ranging applications of heat pumps, highlighting their role in residential heating and cooling, commercial HVAC systems, refrigeration, hot water heating, process cooling, and renewable energy integration.

The Peltier effect is based on the principles of thermoelectricity, which involves the conversion of temperature differences into electric voltage (Seebeck effect) and vice versa (Peltier effect) [7–9]. This effect has practical applications in thermoelectric cooling devices, such as portable refrigerators, where it is used for efficient heat pumping without the need for moving parts like compressors, making it a key technology in various industries ranging from consumer electronics to scientific instrumentation (Figure 1).

This effect describes the heating or cooling of a junction of two dissimilar conductors or semiconductors when an electric current is passed through them. When current flows through the junction, heat is either absorbed or released, depending on the direction of the current:

$$\frac{Q}{t} = P_P = \pi * I = \alpha * T * I \tag{1}$$

Where  $\pi$  is the Peltier coefficient, the  $\alpha$  is the Seebeck coefficient [10] and *T* is the absolute temperature. Heat will either be absorbed or released in a homogeneous conductor when an electric current *T* runs in the direction of a temperature gradient  $\frac{dT}{dx}$ , depending on the material (Thomson effect):

$$P_T = \tau * I * \frac{dT}{dx} \tag{2}$$

Where  $\tau$  is the Thomson coefficient. Figure 2 demonstrate a Peltier element is typically made from two different types of semiconductor materials, often bismuth telluride  $Bi_3Te_3$  or other similar materials with high thermoelectric efficiency [11-12]. The semiconductor material is doped to create two types of regions: N-type (electron-rich) and P-type (hole-rich). These regions are arranged to create multiple P-N junctions, which are crucial for the Peltier effect.



Figure 3 is a power balance block diagram for a Peltier component including an illustration of how electrical energy is converted into thermal energy and the cooling effect within the device [13-14].



Figure 3 – A Peltier component's power balance flow diagram, that provided relates to the scenario in which PT > 0

The Peltier component is powered by an electrical input, typically from a DC power source. The input electrical power is the energy provided to the Peltier device. The Peltier effect occurs at the junctions of the Peltier device, where heat is either absorbed or released depending on the direction of the electric current. One side of the Peltier device absorbs heat from the surroundings. This side becomes cooler. The other side of the Peltier device rejects heat into the surroundings. This side becomes warmer. The absorbed heat results in cooling of one side of the Peltier device, achieving the desired cooling effect. The rejected heat increases the temperature of the opposite side of the Peltier device. The Peltier device facilitates the transfer of heat from one side to the other, depending on the direction of the electric current. The net effect is the generation of cooling on one side and heating on the other side of the Peltier device, allowing for precise temperature control and thermal management [15-16].

The sign of the Thomson coefficient, the direction of the temperature gradient, and the direction of the current all influence which way heat moves. The Joule effect occurs when an electric current I runs through an isothermal conductor with resistance R:

$$P_I = R * I^2 \tag{3}$$

Heat also transfers from the hot side  $T_h$  to the cold side  $T_c$  due to heat conduction:

$$P_L = L\frac{A}{d}(T_h - T_C) \tag{4}$$

(6)

Where A is the cross-sectional area, d is the thickness of the Peltier component, and L is the conductivity.

By  $\Delta T = T_h - T_c$ , it can be derived the following for the pump's cold-side heat capacity (also known as its cooling capacity):

$$-P_C = \alpha T_C I \pm \frac{\tau I \Delta T}{2d} - \frac{1}{2} I^2 R - \frac{L A \Delta T}{d}$$
(5)

Additionally, regarding the hot side pump's heat capacity: + $P_h = \alpha T_h I \pm \frac{\tau I \Delta T}{2d} - \frac{1}{2} I^2 R - \frac{L \Delta \Delta T}{d}$ 

The electricity that is provided is:

$$+P_{el} = \alpha \Delta T I \pm \frac{\tau I \Delta T}{2d} - I^2 R = U_p * I_P \tag{7}$$

The objective of this experimental investigation is to explore the operational characteristics of a Peltier heat pump. The study aims to accomplish several specific goals: firstly, to ascertain the cooling capacity of the pump as a variable function of applied current; secondly, to compute the efficiency rating of the heat pump under conditions of maximum cooling output. Additionally, the investigation seeks to determine the heating capacity of the pump and its corresponding efficiency rating under conditions of sustained current and a consistent temperature on the cold side.

Moreover, the study endeavors to establish the time-dependent behaviors of temperature across the hot and cold sides of the heat pump, discerning pertinent relationships between these variables. Specifically, the experiment aims to characterize the temporal evolution of temperature on both sides during operational phases.

Furthermore, an examination of the temperature dynamics during cooling operations is intended, particularly focusing on the air-cooled condition of the hot side of the heat pump. This investigation will provide insights into the thermal behaviors and operational constraints of the Peltier heat pump system in the context of cooling applications.

By understanding the varied applications and benefits of heat pumps, stakeholders in the energy and HVAC industries can make informed decisions about deploying these technologies to achieve energy savings, improve thermal comfort, and contribute to sustainable practices. This article aims to provide a comprehensive overview of heat pump applications, emphasizing their importance in advancing energy-efficient solutions and mitigating climate change challenges.

## 2. Methods

We have assembled an improved experimental setup for accurate thermal experiments and measurements, which includes: thermogenerator with 2 water baths; flow-through heat exchanger,

which allows for controlled heat exchange processes, crucial for studying fluid dynamics and thermodynamics; an apparatus designed to rapidly cool gases or liquids, providing a means to investigate cooling processes and heat dissipation; heating coil with sockets, that utilized for generating and controlling heat through electrical resistance, enabling varied heat settings for experimental setups.

The installation also included distributor, which used to evenly distribute fluids or gases, ensuring uniformity in experimental conditions; a precision variable resistor (33 Ohm, 3.1A) employed for adjusting current flow in electrical circuits, essential for fine-tuning heating elements; capable of delivering both DC (0-18 V, 0-5 A) and AC (2/4/6/8/10/12/15 V, 5 A) currents, facilitating a wide range of electrical experiments; Power supply, universal DC: 0...18 V, 0...5 A / AC: 2/4/6/8/10/12/15 V, 5 A, four high-precision instruments for measuring voltage (up to 600V AC/DC), current (up to 10A AC/DC), resistance (up to 20 M $\Omega$ ), capacitance (up to 200  $\mu$ F), frequency (up to 20 kHz), and temperature (from -20°C to 760°C); A multifunctional timer with precision down to 1/100 second, essential for timing experiments accurately; A powerful device (1800 W) capable of generating controlled streams of hot or cold air for thermal studies; several thermometers calibrated for different temperature ranges (-10°C to +110°C and -10°C to +50°C), crucial for monitoring and recording experimental temperatures; with an internal diameter of 6 mm, used for connecting different components in fluid systems.

All equipment was held by essential's powerful apparatus to fix and stabilise the experimental setups like universal clamp, tripod base, support rod, stainless steel, 1 = 250 mm, d = 10 mm.; a specialized clamp for securely holding equipment at right angles, ensuring stability during experiments. A variety of heavy-duty connection cords (32 A) in different lengths and colours (red and blue), ensured safe and efficient electrical connections. During the experiment, we used heat conductive paste to increase the thermal conductivity between the surfaces, ensuring efficient heat transfer in the units.

On the cold side, a water bath was erected, and on the hot side, a heat exchanger that allows tap water to flow through was installed. An alternating current heating coil with a resistance of roughly 3 Ohm was submerged in a water-filled bath. Using a rheostat R, the heating power  $P_H = U_H * I_H$  was adjusted for each value of current  $I_P$  to ensure that there was little to no temperature differential between the hot and cold sides. in which instance the power supplied and the cooling power are exactly identical. The temperatures of the hot side  $T_h$  and the cold side Tc were recorded, together with the values of the heater current  $I_h$ , voltage  $U_h$ , operational current  $I_P$ , and voltage  $U_P$ .

Then, the heating coil was removed. Now that the operational current was flowing in the opposite direction, the bath water was heated. At constant current  $I_P$ , the values of the water's temperature rise  $(T_W)$  were noted. Additionally, the temperature rise  $T_C$  was measured. Determine the heat capacities of the brass bath  $C_{BR}$ , the water  $C_W$ , and the copper block  $C_{CU}$  using their respective weights or dimensions.

Subsequently, water baths were erected on either side of the heat pump and loaded with uniformly heated water. At a constant current  $I_P$ , the temperature variations of the two water baths were recorded:

$$T_h = f(t), T_c = f(t), I_p, U_p$$
 (8)

The air cooler is on the hot side and the water bath is on the cold side in the fourth experiment. In two different regimes—when the cooler is in static atmospheric air and when it is forcefully cooled by a blower—the temperature of the cold side was measured as a function of time.

# **3. Results and Discussion**

By determining the cooling capacity  $P_c$  of the pump as a function of the current, it can be assessed how effectively  $\eta_c$  the pump transfers heat from the system it is cooling. The cooling capacity (in watts) provides a quantitative measure of the pump's ability to remove heat, which is

crucial for applications where temperature control is essential (e.g., in HVAC systems, refrigeration, or thermal management of electronic devices).

In the experimental investigation, the cooling capacity  $P_c$  of the pump was determined to be 49 W under the condition where the pump current  $I_P$  was set at 5 A and the input power  $P_h$  equaled the cooling power  $P_c$ . This finding represents a quantitative measure of the pump's ability to remove heat from the system at the specified operating parameters. This dependence is presented visually in Figure 4.



Figure 4 – The relationship between the operating current and pump cooling capacity

Calculated efficiency factor supplied by formula:

$$\eta_C = \frac{P_C}{P_{el}} \tag{9}$$

Using the measured values  $I_P = 5$  A,  $U_P = 14.2$  V and  $\eta_C = 0.69$  (with  $\upsilon_h = \upsilon_C = 20^{\circ}$ C).

Understanding the heating capacity helps evaluate how much heat the pump can generate under specific operating conditions. This information is crucial for assessing the pump's performance in heating applications, such as in thermal management systems or heating devices. A plot of the hot side temperature versus time is shown in Figure 5.



Figure 5 – The relationship of hot side temperature and time

Pump heating capacity can be computed from the slope of the curve in Figure 5, where the curve begins as a straight line or by the formula. To calculate the heating capacity and efficiency at constant current  $I_c$  and constant temperature on the cold side  $T_c$ , we need to consider the heat transfer processes involved in the pump's operation. The heating capacity can be determined by the electrical power input  $P_{el}$ , and the efficiency can be calculated using the output heating power Q and the electrical input power:

$$P_h = \frac{C_{tot}\Delta T_h}{\Delta T} \tag{10}$$

The corresponding efficiency score was calculated using formula 9, with  $P_{el} = I_P * U_p$ , corresponding results in Table 1.

Table 1 – Calculated results for pump heating		
Туре	m, kg	$C, \frac{J}{kg * K}$
Water	0.194	4182
Brass	0.0983	381
Copper block	0.712	383

Table 1 – Calculated results for pump heating

$$C_{tot} = m_W * C_W + m_{Br} * C_W + m_{CU} * C_{CU} = 1121 \frac{J}{kg * K}$$
(11)

Through the slope on the graph of Figure 2 we also obtained  $\frac{\Delta T_h}{\Delta T} = 6.7 * 10^{-2}$  and  $P_h = 75 W$ . The efficiency at average values  $I_P$  of 4.0 A and  $U_P$  of 12.5 V was  $\eta_C = 1.5$ .

We also investigated the water temperature as a function of time, a graph of which can be seen in Figure 6. Measurements were taken for 24 seconds. The influence of the cooling mode on the result has led us to study this aspect. Figure 7 shows two curves relating the temperature of water that was subjected to hot-side cooling with an air cooler an air cooler (curve a) and cooled by convection (curve b), i.e. forced cooling.





Figure  $7 - T_w$  after using an air cooler to cool the hot side: *a*) convection cooling; *b*) forced cooling

 $P_h$  and  $P_c$  and  $\eta_h$  and  $\eta_c$  can be calculated from the slopes of the curves  $\upsilon_h = f(t)$  and  $\upsilon_c = f(t)$  the relevant heat capacities.

With  $\frac{\Delta v_h}{\Delta t} = 0.056 \frac{K}{s}$  (start of curve) and  $\frac{c\Delta v_c}{\Delta t} = -0.023 \frac{K}{s}$  and  $C_{tot} = 1121 \frac{J}{K}$ , we obtain:  $P_h = 63$  W and  $P_c = 26$  W. In the range considered  $U_P$ , the voltage was 12.4 V, so that we obtain the efficiency ratings  $\eta_h = 1.3$  and  $\eta_c = 0.52$  (I = 4 A, T = 22 °C).

The temperature changes that were seen in the cold side of the water bath when the hot side was cooled with an air cooler are depicted in Figure 7. After 20 minutes, the hot side temperature first dropped to about 72°C without the fan. When the maximum temperature differential was reached as a result of this decrease, the Peltier pump's power output decreased to zero. On the other hand, the hot side's temperature steadied after the fan was turned on, and after 20 minutes, it remained at about 45°C.

#### 4. Conclusions

In conclusion, the experimental investigation of the Peltier heat pump has provided valuable insights into its cooling and heating capacities under specific operating conditions. By determining

the cooling capacity as a function of the current, the efficiency of the pump in transferring heat from the cooled system can be evaluated. The cooling capacity serves as a quantitative measure of the pump's ability to remove heat, which is essential for applications requiring precise temperature control, such as HVAC systems, refrigeration, or electronic device cooling.

In this study, the cooling capacity of the pump was determined to be 49 watts at a pump current of 5 amperes, where the input equaled the cooling power. This finding represents a significant parameter in assessing the effectiveness of the pump under specified operational parameters.

Furthermore, understanding the heating capacity of the pump is crucial for evaluating its performance in heating applications. The heating capacity quantifies the amount of heat the pump can generate under specific conditions. The plot of hot side temperature versus time allows for the computation of heating capacity from the slope of the curve. This information is vital for optimizing thermal management systems and heating devices utilizing Peltier heat pump technology.

To further analyze the heating capacity and efficiency at constant current and constant temperature on the cold side, the heat transfer processes involved in the pump's operation must be considered. Table 1 presents calculated results for pump heating, including specific heat capacities for different materials used in the experimental setup (water, brass, and copper block). These values facilitate the evaluation of heat transfer characteristics and efficiency within the Peltier heat pump system.

In summary, the experimental investigation outlined in this study contributes valuable data and insights into the operational capabilities and performance metrics of Peltier heat pumps, which are instrumental in advancing thermal management technologies for various industrial and consumer applications.

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# **Authors Contribution:**

*Aliya Nurbayeva* – concept, methodology, resources, data collection, testing, modeling. *Karina Mussabekova* – analysis, visualization, interpretation, drafting, editing, funding acquisition.

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